



# SCHOOL COUNCIL NEWS

April 2026

*~Engage~Support~Advise~Communicate~Represent~Listen~*  
Enhance Student Learning

Contact us: [oss.council@gshare.blackgold.ca](mailto:oss.council@gshare.blackgold.ca)

## Stress Signals Survey Results:



School Council's role is to provide a mechanism for two-way communication between parents/guardians and staff. Thank you for participating in our April survey - we received a great response with 154 people sharing their perspective.

**Full Survey Results [HERE](#):**

## Overview:

<b>Academic workload is overwhelming at times.</b>	Overall – 87% of Grades 8 to 11 experience this seldom/occasionally . 32% of Grade 12 students experience regularly/consistently/frequently.
<b>School stress affects sleep</b>	Grade 12 students most affected with 18% saying sleep is frequently impacted (compared to 5% for Grades 8/9 and 9% Grade 10/11).  Overall – Grade 8 &9 least affected with 91% seldom/occasionally.
<b>Balancing school and other commitments is challenging.</b>	Increasing frequency with age of students with Grade 12 students regularly and frequently experiencing this 23% of the time.  Overall - 80% of all students are balancing school and other commitments.
<b>Technology use impacts mood or focus at home.</b>	High school appears to be impacted less than grade 8/9 with 76% reporting seldom/occasionally vs 66% of high school students.  However, overall 10% of students of all ages are frequently affected.



**Fundraising Society Establishment Meeting**  
**Wednesday April 15 @ 6:00 PM**

Looking for an opportunity to help? Executive positions available!